



Left: Kongobuji (金剛峰寺); Right: Benesse Art Museum

An invitation to a tour of your lifetime

The University of Hong Kong Foundation and Cathay Pacific Holidays jointly present a unique travel experience for those who value spiritual and intellectual explorations. Led by Venerable Sik Hin Hung of HKU Centre of Buddhist Studies, Mr Yeung Chun Tong and Mr Alex Hui of HKU Museum & Art Gallery, the Learner-Traveller Series of tours will meet your highest expectations for inspiring insights and artistic expertise on the sights and sensations during these exclusive journeys.

Come and experience with your loved ones.

For bookings and enquiries, please contact Cathay Pacific Holidays at **2747-4336** or send an email to **kb-siu@cxholidays.com**.

For detailed tour information, please visit the websites of the HKU Foundation at **www.hku.hk/hkuf** or Cathay Pacific Holidays at **www.cxholidays.com**.

Tour Information

	Naoshima Dreaming	Naoshima Dreaming	Zen & Senses
Tour code	ND1	ND2	ZS3
Date	May 24 – 29	May 31–June 5	July 1 – 5
Tour leader	Mr Yeung Chun Tong	Mr Alex Hui	Ven. Sik Hin Hung
Tour price per person	From HK\$27,880	From HK\$27,880	From HK\$23,880
Maximum no. of participants	15	15	20
Language	Chinese	English	Chinese/English



Zen and Senses 雲水游

(Osaka – Mt.Koya – Nara – Kyoto)

Stay overnight at a Buddhist monastery, spend time with its learned residents and reconnect with the simple pleasures in life. Learn about the region's spiritual beginnings, its cultural significance and its crucial role in the local ecosystem.

In this very beautiful and blessed environment, time is infinite and inner peace is achievable.

The tour features renowned Buddhist monasteries at Mt. Koya, Nara and Kyoto, including Okunoin, Kongobuji, the Great Garan-Reihokan Museum, Todaiji, Horyuji, Toshodaiji, the Moss Garden of Saihoji and Sanju Sangendo Hall.

Naoshima Dreaming 夢直島

(Osaka – Awaji – Takamatsu – Naoshima – Himeji)

Admire these great art works and let yourself be inspired by their creative brilliance.

Discover the diverse delights and rich heritage of Japan. Visit some of the world's most impressive displays of architecture and the finest examples of modern art.

Tour highlights: Visit Benesse Art House and trace its rich history. Experience the Noguchi Isamu Garden Museum. Take in the architecture vision of world-renowned Tadao Ando – including the Ohara Museum, Chichu Museum, Hoshinoko Yakata and Nariwacho Museum, Honpukuji Temple and the Children House.

Experts and Culture



Venerable Sik Hin Hung

Lecturer, Centre of Buddhist Studies, HKU

Venerable Sik Hin Hung, MA (London), is a Buddhist monk ordained under the Mahayana tradition. His main interest lies in making the teachings of Buddhism more accessible to everyone. He is one of the Founding Fellows of the Centre of Buddhist Studies at The University of Hong Kong where he also teaches. The motto of Awareness Spiritual Growth Centre founded by him is "Be mindful of your heart!".



Mr Yeung Chun Tong

Director, HKU Museum & Art Gallery

Mr Yeung worked at the Museum of Art before joining The University of Hong Kong. For the past 25 years, he has curated over 150 art exhibitions and edited a number of exhibition catalogues. His areas of interest are Chinese ceramics and Chinese carvings.



Mr Alex Hui

Curator, HKU Museum & Art Gallery

Mr Alex Hui is an architect and building code consultant by profession and practiced in North America for more than a decade before joining HKU in 2000. He launched HKU's Arts For All scheme for undergraduate students to fulfill the University's vision of greater access to the arts for its students.